Men’s Ministry

Anthony D. Bellamy
Chairman

Michael Rogers
Assistant Chairman

Howard Harris
Secretary

Praise the Lord,

First and foremost, I would like to thank God, our Pastor District Elder Michael Bellamy, all of the Elders, Ministers and Brethren. I would like to give special thanks to our team; Bro. Michael Rogers, Bro. Howard Harris and Bro. Emanuel Gonzalez for their help with the previous seminars, services and special events. I also thank each of you for your support.

Secondly, it is with great pleasure that we, with the help of the Lord, roll out our new Men’s Ministry Real Men...News Briefing. It is our plan to have news releases every quarter. Look forward to articles that will recap events, assist you spiritually, physically, mentally and financially.

Also, I would like to thank those of you who participated in the "Guy’s Day Out" fishing trip. We had a great time. Howard Harris caught his first and second fish ever, and is now the self-proclaimed "Fishing King". As for the rest of us, well...let us just say that we came up empty handed. However, we look forward to the next outing. Understanding the natural aspects of fishing will help our spiritual approach to fishing for souls.

Finally, we are moving the Men’s Prayer to Sunday Mornings from 8:00am to 8:30am. We ask that the Brothers unite for our spiritual fight. On some Sunday’s you may be asked to push back the plate and fast for various things. I know that it is not easy but it is critical to our mission. We must seek the Lord together on behalf of the saint’s children, the violence in Maywood, saving souls and prayer for our leaders.

We welcome your ideas and look forward to serving you.

Humbly Yours,

Anthony D. Bellamy
Deacon Anthony D. Bellamy
Chairman
NO DEAL (Part I)

I remember a game show called “Let’s Make a Deal” with Monte Hall. People from around the country would travel many miles to be on the show for an opportunity to make a deal with Monte Hall. Mr. Hall would ask the audience for some very unusual items. Women would pull some of the strangest things out of their purses to the amazement of the television audience. Of course, there were prizes and money to win if you made a deal and successfully played the game. Many people departed the stage with wonderful prizes.

A few days ago I was preparing to speak at a Youth Revival and was meditating on a scripture text and subject. Sometime later I heard an inner voice say, “No Deal”. I wondered what this subject had to do with anything. Shortly thereafter, my mind was lead to the temptations of our Lord Jesus in the wilderness by the devil. Satan tempted him in three areas; the lust of the flesh, the lust of the eye and the pride of life. What amazes me is the stupidity of Satan and the insult to the only begotten Son of God’s knowledge of the Holy Scriptures and faithfully to his Father. He wanted Jesus to bow down and worship him. Read it for yourself; “And saith unto him, All these things will I give thee, if thou wilt fall down and worship me” Matthew 4:9 (KJV).

That was truly one of Satan’s finest and dumbest moments.

District Elder Michael Bellamy
Pastor

To be continued.......
Real Men... play hard

We met at the church around 6:00 a.m. and off we went to catch our fish.

After casting our lines over and over again, Howard Harris emerged as the ‘Fishing King’!

Until next time.....

From the Assistant Pastor

Let Brotherly Love Continue...

Paul, the Apostle to the gentiles, who is believed to be the writer of the book of Hebrews encourages the Apostolic brethren to continue to love one another. (Hebrews 13:1)

Loving can be simple when it does not require much of anything of us. It seems easy as long as it is not being tested and tried. We love our family members when they are pleasing to us. We love the material possessions that constantly cater to our flesh (i.e. houses, cars, jobs, personal collections, even money).

But, it’s not always easy to love, especially when it is not reciprocated. We find out what we are really made of when our love has to weather a storm. Judas Iscariot loved Jesus until the weight of silver outweighed his love for a savior. Pontius Pilate, the Roman governor, sought to embrace the truth until his love for popular opinion allowed Christ to be crucified. Even Simon Peter, who was in Jesus’ inner circle, followed the Lord all the way to the cross where his love ran low because he too could be afflicted with pain and suffering due to his association.

We must not only talk love, but also learn to live and reveal it. When we truly love one another in the church, then our hearts will turn outward to those strangers or outsiders who may appear unlovable; those who are in prison, hungry, naked, and homeless. That’s when we can truthfully say, “I love God.”

Unlike Judas and Pilate, after Peter denied Christ, he acknowledged his shortcomings and later was empowered to strengthen the brethren. Take a moment to examine yourself. Be honest -- God knows your heart. Are there limits on your love? How far will you go to love another? Make a list of three things you will do today to take your love to another level.

In closing, remember the words of Jesus, “By this all men will know that you are my disciples, if you love one another.” (John 13:35 - NIV)

With Much Love,

Elder Corey L. Bellamy
BLOOMINGTON, Ill. – Marcus Dunlop, a senior business administration and economics double major from Maywood, Ill. and graduate of Proviso East High School, has been named a Lincoln Academy of Illinois Student Laureate.

The Lincoln Academy of Illinois, founded in 1965, honors distinguished citizens of Illinois for their contributions to society. For each of the past 33 years, the academy has recognized one accomplished student from each four-year degree-granting institution of higher learning in Illinois.

Every year each institution’s president nominates an outstanding senior who has demonstrated exceptional academic and extracurricular achievement. The award recipients receive a medallion, a check for $150 and a certificate.

Illinois Wesleyan University President Richard F. Wilson presented Dunlop with his medallion, certificate and check today, as he was unable to attend the awards ceremony.

Dunlop has been a member of the national honor society Phi Kappa Phi since his junior year. He has also presided over the Risk Management and Finance Society as president for the past two years. A running back for the Illinois Wesleyan varsity football team, Dunlop has been a four-year starter and was twice named an all-conference player.

During the summer of 2006, Dunlop worked as an intern at State Farm Insurance in financial operations and compliance. This past summer, he worked as an intern at the Chicago office of PricewaterhouseCoopers in transaction services, which deals with mergers and acquisitions.
Men’s Health

Dear Illinois Men,

Men's health is not just a man’s issue; it is a family issue. Like many families, my two daughters and wife count on me. Whether it is playing with Amy and Annie in the park, driving them to a friend’s house, or helping Patti, my health affects my family. I take care of myself so I can be there for them and it is important for all Illinois men to be healthy for the important people in their lives.

In the 1920’s, men had the same life expectancy as women, but since then it has dropped in comparison to them. Men are at a greater risk for several of the top killers of Americans: heart disease, cancer, suicide, accidents and violence. One in every five men can expect to suffer a heart attack before the age of 65. Additionally, in 2008, there will be an estimated 8,340 new cases of prostate cancer in Illinois and an estimated 1,330 men will die of this disease. However, more than half of premature deaths among men are preventable.

That is why I signed legislation that forms an Office of Men’s Health. This is a one-stop shop in the Department of Public Health to ensure that men’s health needs are assessed and treatment methods and programs are recommended to service providers, organizations, and other agencies. This office will also provide awareness of men’s health concerns and opportunities for men to express their views on policy development, program implementation and the coordination of services for men.

As a personal plea to fellow Illinois men, take care of yourself better than you take care of your car, schedule a physical exam if you haven’t had one lately and tell your doctor about your family medical history. Take care of yourself so you can take care of your loved ones for years to come. Do it for your sons, daughters, wives, sisters, family and friends. They are counting on you.

Take a look around the website and email DPH.MensHealth@illinois.gov for more information. Make men’s health a top priority in your life today.

Sincerely,

Rod R. Blagojevich
Governor

Words of Wisdom

Turn Up The Heat!

We are in the fall season now and soon enough winter will be upon us. As the temperature drops in our environment, it will be necessary for us to turn up the heat. As we all should know that in turning up the heat, it will cost us something extra, but it has to be done in order for us to survive the elements and remain healthy. Likewise, spiritually we have to turn up the heat. Iniquity is abounding in the environment around us and the love of many is waxing colder.

We as Spirit filled; Baptized believers were baptized with the Holy Ghost and with Fire. We have the responsibility to stir up that which God has given us and to keep the fire burning. We have to be fervent (hot, impassioned) and turn up the heat concerning the things of God. We can’t be slothful because that shows coldness; but we rather have to be fervent in the spirit, serving the Lord.

We ought to be fervent in our minds towards one another; fervent in prayers; fervent in charity. We most definitely have to be fervent in spreading the gospel and winning souls. Brrr…somebody please turn up the heat!

Submitted by Elder Roderick Jones
Let’s start with Food

Not only do you need to eat food to live, the expense of it for the average family can eat you alive! Since food is a necessary and recurring expense, just saving, for example, $20 a week on your purchases can convert to over $1000 in savings over the course of a year.

- Try to plan in advance. By knowing what you need, you will be able to buy in larger quantities (almost always less expensive) and cut down on convenience food purchases (always more expensive).
- If you use national brands, spend a little time clipping and using coupons. $1.50 invested in the Sunday newspaper could save you $20 or more at the checkout. Organize the coupons by type, so as you develop a shopping list you can make a notation if you have a coupon.
- Consider store brands or generics. You may find the quality is equal to (and sometimes better than) the national brands, and store brands/generics are generally considerably less expensive.
- When it is on sale, stock up. Of course this only applies to those items that you use on a regular basis. Stocking up on an item which you use once a year doesn't make sense (and robs you of spending money, not to mention shelf space).
- Shop at the store that is the cheapest overall. Surveys have shown that there is sometimes as much as 10-15% difference on identical grocery orders at 2 different stores in the same area. If you spend $500 a month on groceries, that can equate to $600 to $900 a year in savings. Don’t throw away your money just because it is your habit to shop at a certain store.

The above information was gathered from the Lending Tree